

Dockets Management Branch (HFA-305)  
Food and Drug Administration  
5630 Fishers Lane, Room 1061  
Rockville, MD 20852  
Re: Docket Number 94P-0036

1470 00 JAN 12 2000

Dear FDA:

I am writing to voice my support for the proposed ruling requiring that the trans fatty acid content of foods be included in the nutrition facts panel of all foods. As a health-conscious consumer, I consider this information crucial in making nutritionally sound food choices.

I also support the FDA's proposal to require that foods claiming to have "low saturated fat" to contain less than 0.5 grams of trans fat per serving (in addition to containing 1 gram or less of saturated fat) and to allow foods to be labeled as "trans fat free" only if they contain less than 0.5 grams of trans fat and less than 0.5 grams of saturated fat per serving. These labels will enable me to more easily identify foods that are heart-healthy.

Studies have shown that trans fatty acids raise levels of harmful LDL cholesterol, thereby contributing to coronary heart disease, our number one killer. Other studies have linked consumption of trans fatty acid to breast cancer, prostate cancer, and non-Hodgkin's lymphoma. Given these alarming facts, the lack of labeling information on trans fatty acids represents a serious public health threat. To allow Americans to be proactive in protecting our health, give us the information we need to make sound nutritional food choices every time we shop.

Sincerely,

Kathleen M. Kennelly  
2523 Ketzler Dr  
Flint, MI 48507

Please consider the  
Consumers interest First  
rather than Business.

94P-0036

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B. & K. KENNELLY  
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